

# ***Packing List – Dominican Republic Mission***

## **Clothing Items**

- Basic walking shoes
- Beach towel
- Business casual outfit for church  
(they usually do not wear jeans)
- Heavy shoes/boots for working
- Pairs of socks
- Pairs of underwear
- Pajamas
- Pants
- Rain gear
- Sandals and/or water shoes and/or  
shower shoes
- Shirts
- Sturdy, long pants for working
- Sweater or sweatshirt
- Swim suit (one piece or t-shirt to wear  
on top – modesty!)

## **Toiletries & Medication**

- Any necessary over-the-counter  
medication in original container
- Comb or brush
- Deodorant
- Prescription medication & supplies  
(must be in original containers!)
- Shampoo
- Tissues travel pack
- Toothbrush & Toothpaste
- Wet wipes (baby wipes or “wet ones”)
- Bug spray  
(must have DEET to prevent Zika virus)
- Sunscreen (necessity)
- Soap

## **Other notes:**

- Please remember that we are going into a country that has very little – you do not need to bring a lot. Pack lightly!
- Do not bring anything expensive or too valuable.
- You should wear long pants at all times while on the work site. Shorts at your own risk! Capris are okay when not doing physical labor.

## **Other Items**

- 2 pairs of heavy work gloves
- Bible
- Book of Common Prayer
- Flashlight with extra batteries
- Hat or cap (necessity)
- Pen/pencil
- Plastic Bag for dirty clothes/wet bathing  
suit
- Reusable water bottle
- Work goggles

## **Optional Items**

- Camera
- Cards/Games
- Journal
- Musical instruments
- Reading book
- Travel alarm clock
- Watch
- Pillow (if you prefer to have your own)

## **Pack in Your Carry On!**

- A change of clothes
- Any medication
- Something to read on the flight
- Toothbrush